



RMA OF MICHIGAN NEWS BLAST

A Message From RMA of Michigan



LEFT TO RIGHT: BRAD MILLER, M.D.,
LYNDA WOLF, M.D., TARIQ SHAH, PH.D.

Welcome to the first edition of the new RMA of Michigan newsletter! We are excited to share the latest news at RMA and the most recent fertility findings with you.

We first opened our doors in November 2006 and have had the fortunate opportunity to treat thousands of

patients struggling with infertility. We are grateful to all of the patients who have placed their care in our hands. Our patients are the focus of everything we do. Our greatest accomplishment has been the 700 plus babies born as a result of our program. There is no better feeling than helping our patients achieve their dream of having a family. To all of our former and current patients, thank you!

We would also like to extend a warm thank you to all of our referring physicians. We know that you trust us to provide the best possible care for your patients. We would not be where we are today without your support. Thank you!



Referral Rewards Program

Patients that refer a friend or family member to RMA will be entered into a quarterly drawing for \$100. Make sure they mention your name when they schedule their consultation.

RMA of Michigan's New Multi Cycle Discount Plan



RMA of Michigan is now offering its own Multi Cycle Discount Plan for patients who would like to pay one fixed cost for multiple cycles of IVF. Depending on the plan, patients can receive a reduction of up to 35%. This option allows patients the opportunity to put their money toward more than one IVF cycle in case the first or second one is not successful. Also, this gives peace of mind that they have multiple chances to achieve a pregnancy.

Our financial counselors will discuss all financing options during the patients initial consultation. Please contact us at (248) 619-3100 if you would like more information about the Multi Cycle Discount Plan.

Upcoming Events



National Infertility Awareness Week -
April 24 - 30

Free Patient Seminar at RMA of Michigan "Coping with Infertility" -
April 28
6:00-7:30 P.M.

Can We Get Pregnant With a Low Sperm Count?

Male factor infertility accounts for 40% of all fertility problems that couples face. Another 20% is due to a combination of both a male and female problem, meaning that the male has at least some involvement in the fertility problem more often than not. The most common cause for male infertility issues is a low sperm count. Low sperm motility and abnormal sperm are the other issues that can cause male infertility.



Whether or not couples can get pregnant with a low sperm count depends on a number of factors. Sperm count is measured by counting the number of sperm in a certain volume of semen. On average, a man's sperm count is between 20 - 300 million sperm per milliliter of semen. If a man's sperm count is below 20 million sperm per milliliter of semen than it is considered low and your chances of getting pregnant are greatly impacted.

The odds of getting pregnant with a low sperm count dramatically increase with treatment. Some treatments can help prevent a low sperm count, while others try to increase it. For example, there are cases where low sperm count is caused by excessive testicular heat. This can be remedied by avoiding saunas, hot tubs and even heated car seats. In other cases, low sperm count can be caused by an illness or an infection and treating the infection will fix the sperm count problem. There are some men who just naturally have a low sperm count. There are a number of advanced types of fertility treatments, including IVF and ICSI, that can get around the low sperm count problem, too.

HSG Testing Done at RMA of Michigan

We perform
HSG testing at
our facility.

Patients no
longer have to go
to the hospital.

Wait time is
minimal and one
of our experi-
enced physicians
does the test.

Endometriosis: A Common Cause of Infertility

One common cause of infertility is endometriosis. Endometriosis is a condition that can occur in up to 40% of women with infertility. It occurs when the endometrial tissue, which normally lines your uterus, grows outside the uterus; inside the abdominal cavity. Diagnosing endometriosis can be tricky because the symptoms aren't necessarily consistent from one woman to the next. Some women with endometriosis may have no symptoms whatsoever. Other women may experience painful periods or pain during intercourse. Diagnosis can only be confirmed by undergoing a surgical procedure called a laparoscopy.

Endometriosis once suspected or diagnosed can't always be treated completely. There are different approaches for treating women for pain versus those that have infertility. When suffering from pelvic pain surgery is almost always recommended. For infertility patients, sometimes surgery is needed to remove the abnormal tissue within the pelvis. After surgery, most patients require fertility treatments to become pregnant. A combination of fertility medications with an IUI (artificial insemination) might be suggested or in some cases, more aggressive assisted reproductive technologies like IVF may be necessary.

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